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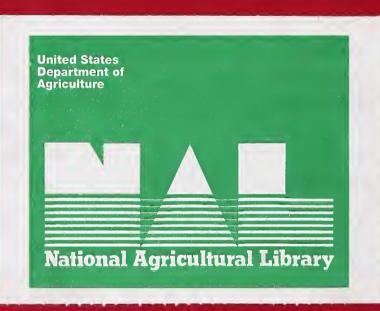
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## Sources of Free or Low-Cost Food and Nutrition Materials

August 1995





# **Sources of Free or Low-Cost Food and Nutrition Materials**

**Revised August 1995** 

Food and Nutrition Information Center (301) 504-5719





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#### Introduction

This publication is a list of organizations that provide free or low-cost food and nutrition materials for consumers. The Food and Nutrition Information Center (FNIC) receives many requests for materials to distribute at health fairs, classes, physicians' offices, wellness programs, and other locations. Since FNIC is not a clearinghouse and has a limited number of publications to distribute in bulk, the Center has developed this publication to help others locate free and low-cost food and nutrition materials.

The list is alphabetical and divided into three sections: 1) Nutrition, Medical, and Health Organizations; 2) Food-Related Associations; and 3) Food Companies. If the organization has materials available in non-English languages, the languages are listed in parenthesis after the name of the organization. The languages are abbreviated as follows:

A = Arabic

C = Cambodian

Ch = Chinese

Cz = Czechoslavakian

H = Hmong

J = Japanese

K = Korean

L = Laotian or Lao

P = Polish

R = Russian

S = Spanish

T = Tagalog

Th = Thai

Tu = Turkish

V = Vietnamese

Not all publications are available in all languages. FNIC recommends that you call or write the organization(s) for a publication list or order form. FNIC also suggests that you make your request(s) for materials as far in advance as possible to allow for processing and mailing time. Some organizations may take up to eight weeks to fill your request. There are fees for some of the materials distributed by these organizations.

Inclusion of an organization on this list does not indicate endorsement by the U.S. Department of Agriculture (USDA), nor does the USDA ensure the accuracy of all information provided by these organizations.



# Section I. Nutrition, Medical, and Health Organizations A. National Contacts

#### Aging

American Association of Retired Persons 601 E Street, NW Washington, DC 20049 (202) 434-2277

Asociacion Nacional Pro Personas Mayores (S) 3325 Wilshire Blvd., Suite 800 Los Angeles, CA 90010 (213) 487-1922 Fax: (213) 385-3014 (800) 953-8553

National Institute on Aging (S) Information Office P.O. Box 8057 Gaithersburg, MD 20898-8057 (800) 222-2225 TTY: (800) 222-4225

#### **Alcohol and Drugs**

National Clearinghouse for Alcohol and Drug Information (S) Information Specialist P.O. Box 2345 Rockville, MD 20847-2345 (301) 468-2600 (800) 729-6686 Fax: (301) 468-6433

#### **Allergies**

American Allergy Association P.O. Box 7273 Menlo Park, CA 94026 (415) 322-1663 America Online: allergyaid@aol.col

The Food Allergy Network 4744 Holly Avenue Fairfax, VA 22030-5647 (703) 691-3179 (800) 929-4040 Fax: (703) 691-2713

#### **Arthritis**

Arthritis Foundation Information Line P.O. Box 19000 Atlanta, GA 30326 (800) 283-7800 Fax: (404) 872-0457 Internet: arthritis.org

#### Cancer

American Cancer Society 1599 Clifton Road, NE Atlanta, GA 30329 (404) 320-3333 (800) 227-2345 Fax: (404) 329-5787 American Institute for Cancer Research 1759 R Street, NW Washington, DC 20009 (202) 328-7744 (800) 843-8114

Fax: (202) 328-7226

Internet gopher server: gopheraicr.org

National Cancer Institute Office of Cancer Communications Building 31, Room 10A-24 9000 Rockville Pike Bethesda, MD 20892 (800) 4-CANCER in Alaska: (800) 638-6070

in Alaska: (800) 638-6070 in Hawaii: (800) 524-1234

#### **Dental Health**

American Dental Association (S)
Department of Public Information
and Education
211 East Chicago Avenue
Chicago, IL 60611
(312) 440-2593

National Institute of Dental Research Public Information and Reports Section Building 31, Room 2C35 31 Center Drive MSC 2290 Bethesda, MD 20892-2290 (301) 496-4261 Fax: (301) 469-9988

#### **Diabetes**

American Diabetes Association (S)
National Service Center
1660 Duke Street
Alexandria, VA 22314
(703) 549-1500
(800) 232-3472
Fax: (703) 549-6995

National Diabetes Information Clearinghouse (S) Box NDIC 1 Information Way Bethesda, MD 20892-3560 (301) 468-2162

#### **Digestive Diseases**

National Digestive Diseases Information Clearinghouse Box NDDIC 9000 Rockville Pike Bethesda, MD 20892 (301) 468-6344

Celiac Disease Foundation 13251 Ventura Boulevard, Suite 3 Studio City, CA 91604 (818) 990-2354 Fax: (818) 990-2379

CSA/USA
Celiac Sprue Association/United States of America, Inc.
P.O. Box 31700
Omaha, NE 68131-0700
(402) 558-0600
Fax: (402) 558-1347

Crohn's and Colitis Foundation of America, Inc. 386 Park Avenue, South, 17th Floor New York, NY 10016-8804 (212) 685-3440 (800) 932-2423 Fax: (703) 549-6995

The Gluten Intolerance Group of North America P.O. Box 23053 Seattle, WA 98102-0353 (206) 325-6980

#### **Eating Disorders**

American Anorexia/Bulimia Association 418 East 76th Street New York, NY 10021 (212) 734-1114

Anorexia Nervosa and Related Eating Disorders, Inc. P.O. Box 5102 Eugene, OR 97405 (503) 344-1144

National Anoretic Aid Society 445 E. Doublin-Granville Road Worthington, OH 43085 (614) 436-1112

National Association of Anorexia Nervosa and Associated Disorders Box 7 Highland Park, IL 60035 (708) 831-3438 Fax: (708) 433-4632

National Food Addiction Hotline 2000 Commerce Drive Melbourne, FL 32904-2335 (800) USA-0088

#### Fitness and Sports

Aerobics and Fitness Foundation 15250 Ventura Blvd., Suite 200 Sherman Oaks, CA 91403 (818) 905-0040

International Center for Sports Nutrition 502 South 44th Street, Suite 3012 Omaha, NE 68105 (402) 559-5505 Fax: (402) 559-7302

The President's Council on Physical Fitness and Sports 701 Pennsylvania Avenue, NW Room 250 Washington, DC 20004 (202) 272-3421 Fax: (202) 504-2064

Women's Sports Foundation Eisenhower Park East Meadow, NY 11554 (800) 227-3988 Fax: (516) 542-4716

#### Food and Nutrition

Center for Nutrition Policy and Promotion 1120 20th NW, Suite 200 North Lobby Washington, DC 20036 (202) 418-2312 Fax: (202) 208-2321

Community Nutrition Institute 910 17th Street, NW, Suite 413 Washington, DC 20006 (202) 776-0595 Fax: (202) 776-0595

Food and Drug Administration (S)
Office of Consumer Affairs
Department of Health and Human Services
5600 Fishers Lane (HFE-88), Room 1685
Rockville, MD 20857
(301) 443-3170
Fax: (301) 443-9767

Food and Nutrition Information Center National Agricultural Library/USDA 10301 Baltimore Blvd., Room 304 Beltsville, MD 20705-2351 (301) 504-5719 Fax: (301) 504-6409 National Center for Nutrition and Dietetics (S) The American Dietetic Association 216 W. Jackson Blvd., Suite 800 Chicago, IL 60606-6995 (312) 899-4854 (800) 366-1655 Fax: (312) 899-1739

Penn State Nutrition Center The Pennsylvania State University Ruth Building 417 E. Calder Way University Park, PA 16802-5663 (814) 865-6323 Fax: (814) 865-5870

Nutrition Information Center NY Hospital-Cornell Medical Ctr. Memorial Sloan-Kettering Cancer Ctr. 515 East 71st Street New York, NY 10021 (212) 746-1617 Garlic Information: (800) 330-5922 Calcium Information: (800) 321-2681

Olive Oil Information: (800) 232-6548

#### **Food Safety**

Food and Drug Administration Seafood Hotline (202) 205-2314 (800) FDA-4010 Fax: (202) 401-3532

Food Safety and Inspection Service (S)
Meat and Poultry Hotline/USDA
Room 2925-S
14th Street, SW
Washington, DC 20250
(202) 720-3333
(800) 535-4555
Fax: (814) 865-5870

#### General Health

American Medical Association 515 N. State Street Chicago, IL 60610 (312) 464-5000 (800) 621-8335

Bureau of Refugee Services
(C,Ch,F,H,K,Kh,L,R,T,Td,Th,V)
Iowa Department of Human Services
1200 University, Suite D
Des Moines, IA 50314
(515) 283-7999
(800) 362-2780
(publishes bibliography of sources of non-English language health resources)

Center for Science in the Public Interest 1875 Connecticut Avenue, NW, Suite 300 Washington, DC 20009-5728 (202) 332-9110 Fax: (202) 483-3286

Consumer Information Center (S) P.O. Box 100 Pueblo, CO 81009

Metropolitan Life Insurance Company Health and Safety Education Div. One Madison Avenue New York, NY 10010-3690 (212) 578-3372

National Clearinghouse for Primary Care Information 8201 Greensboro Drive, Suite 600 McLean, VA 22102 (703) 821-8955 ext. 248 National Council Against Health Fraud, Inc. P.O. Box 1276 Loma Linda, CA 92354 (909) 824-4690 Fax: (909) 824-4838 in Kansas City, MO: (816)228-4595

New Mexico Department of Health (S) Health Promotion Bureau P.O. Box 26110 Santa Fe, NM 87502-6610 (505) 827-0240

ODPHP National Health Information Center (Office of Disease Prevention and Health Promotion)
P.O. Box 1133
Washington, DC 20013-1133
(800) 336-4797
in Maryland: (301) 565-4167

Ohio Department of Health Refugee Health Program (L,C,V,P,Cz,H,R) 35 E. Chestnut Street, 7th Floor Columbus, OH 43266-0118 (614) 644-8162

Public Voice For Food and Health Policy 1101 14th Street, NW Suite 710 Washington, DC 20005 (202) 371-1840 Fax: (202) 371-1910

#### **Heart Disease**

American Heart Association National Center (Ch, J, R, S)
7272 Greenville Avenue
Dallas, TX 75231
(214) 373-6300
(800) AHA-USA-1
(800) 242-8721
Fax: (410) 539-5049

American Heart Association (S) Florida Affiliate, Inc. 5220 Biscayne Boulevard Miami, FL 33137 (305) 751-1041

American Heart Association (Ch, J, R, S) San Francisco Chapter 120 Montgomery, Suite 1650 San Francisco, CA 94104 (415) 433-2273

NHLBI Information Center (S) (National Heart, Lung, and Blood Institute) P.O. Box 30105 Bethesda, MD 20824-0105 (301) 951-3260 (800) 575-WELL

#### Maternal and Child Health

Allegheny County Health Department Nutrition Service WIC Program Investment Building 239 4th Avenue, 21st Floor Pittsburgh, PA 15222 (412) 350-5800 American College of Obstetricians and Gynecologists Office of Public Information 409 12th Street, SW Washington, DC 20024 (202) 638-5577

La Leche League International 1400 N. Meacham Road P.O. Box 4079 Schaumburg, IL 60168-4079 (708) 519-7730 (800) LALECHE Fax: (708) 519-0035

March of Dimes Birth Defects Foundation 1275 Mamaroneck Avenue White Plains, NY 10605 (914) 428-7100 (914) 997-4720 (800) 367-6630 (multiple copies)

National Center for Education in Maternal and Child Health Clearinghouse 2000 15th Street, North Suite 701 Arlington, VA 22201 (703) 524-7802

National Maternal and Child Health Clearinghouse 8201 Greensboro Drive, Suite 600 McLean, VA 22102 (703) 821-8955, ext. 254 or 265 Fax: (703) 821-2098 North American Menopause Society University Hospitals Department of OB/GYN 1100 Euclid Avenue Cleveland, OH 44106 (216) 844-3334

Osteoporosis & Related Bone Disease National Resource Center 1150 17th Street, NW, Suite 500 Washington, DC 20036 (202) 223-0344

Weight Control Information Network 1 WIN Way Bethesda, MD 20892-3665 (301) 951-1120 America Online: winniddk@aol.com

# B. Local Contacts for Nutrition, Medical and Health Organizations

Local Contacts (listed in telephone directory)

American Cancer Society (city, county, or state)
Health Educator

American Heart Association (city, county, or state) Health Educator

Cooperative Extension Service (county or university) Home Economist/Nutritionist

Diabetes Association (city or state) Health Educator

F.D.A. Consumer Affairs Office Consumer Affairs Officer

Health Department (city, county, or state) Nutritionist or Registered Dietitian

Hospital Registered Dietitian

March of Dimes Health Educator

NOTE: Many of these local contacts have materials available in non-English languages or can refer you to other agencies or affiliates who do have these materials.

#### Section II. Food-Related Associations

#### Beverages

National Coffee Association of USA 110 Wall Street New York, NY 10005 (212) 344-5596 Fax: (212) 425-7059

#### Dairy, Eggs, and Cheese

American Dairy Products Institute 130 N. Franklin Street Chicago, IL 60606 (312) 782-4888 Fax: (312) 782-5299

American Egg Board 1460 Renaissance Drive Park Ridge, IL 60068 (708) 296-7043 Fax: (708) 296-7007

Egg Nutrition Center 1819 H Street, NW Suite 520 Washington, DC 20006 (202) 833-8850 Fax: (202) 463-0102

Dairy Management, Inc.
National Promotion Research Board
2111 Wilson Boulevard, Suite 600
Arlington, VA 22201
(703) 528-4800
Fax: (703) 524-9558
National Dairy Board Information Center
(800) 343-2479

Dairy Management, Inc.
National Dairy Council
O'Hare International Center
Nutrition Education Research
10255 West Higgins Road, Suite 900
Rosemont, IL 60018-5616
(708) 803-2000

National Yogurt Association ATTN: Greg Tarmin 708 3rd Avenue, 11th Floor New York, NY 10017 (212) 880-5348

National Yogurt Association 1764 Old Meadow Lane, Suite 350 McLean, VA 22102 (703) 821-0770 Fax: (703) 821-1350

Wisconsin Milk Marketing Board/ Dairy Farmers of Wisconsin 8418 Excelsior Drive Madison, WI 53717 (608) 836-8820 (800) 373-9662 Fax: (608) 836-5822

#### Dried Fruits, Nuts, and Legumes

American Soybean Association P.O. Box 419200 St. Louis, MO 63141-9200 (314) 576-1770 (800) 688-7692 Fax: (314) 576-2786 California Dry Bean Advisory Board 531-D N. Alta Avenue Dinuba, CA 93618 (209) 591-4866 Fax: (209) 591-5744

California Fig Advisory Board 3425 N. First Street, Suite 109 Fresno, CA 93726 (209) 224-3447

California Pistachio Commission Dept. QRS 1915 N. Fine Avenue Fresno, CA 93727 (209) 252-3345

California Prune Board P.O. Box 10157 Pleasanton, CA 94588 (510) 734-0150

Raisin Administrative Council P.O. Box 231 Fresno, CA 93708 (415) 340-8311 Fax: (415) 340-8568

Idaho Bean Commission P.O. Box 9433 Boise, ID 83707 (208) 334-3520 Fax: (208) 334-2442

National Sunflower Association 4023 State Street Bismarck, ND 58501 (701) 328-5100 Fax: (701) 328-5101 Peanut Advisory Board 1950 North Park Place, Suite 525 Atlanta, GA 30339 (404) 933-0357 Fax: (404) 933-0796

USA Dried Pea and Lentil Council 5071 Highway 8 West Moscow, ID 83843 (208) 882-3023 Fax: (208) 882-6406

#### Fish and Seafood

Alaska Seafood Marketing Institute 1111 West 8th Street, Room 100 Juneau, AK 99801-1895 (907) 465-5560 (800) 806-2497 Fax: (907) 465-5572 E-mail Bulletin Board (800) 764-0014

Maine Sardine Council P.O. Box 337 Brewer, ME 04412-0337 (207) 989-2180 Fax: (207) 989-2154

National Fisheries Institute, Inc. 1525 Wilson Blvd., Suite 500 Arlington, VA 22209 (703) 524-8881 Fax: (703) 524-4619

Rhode Island Seafood Council 406-A Main Street Wakefield, RI 02879 (800) 328-3474 Virginia Marine Products Board 554 Denbigh Boulevard Suite B Newport News, VA 23602 (804) 874-3474 Fax: (804) 886-0671

#### Fruit

California Apricot Advisory Board 1280 Boulevard Way, Suite 107 Walnut Creek, CA 94595 (510) 937-3660 Fax: (510) 937-0118

California Avocado Commission 1251 E. Dyer Road, Suite 200 Santa Ana, CA 92705 (714) 558-6761 (800) 344-4333 Fax: (714) 641-7024

California Fig Advisory Board 3425 N. First Street, Suite 109 Fresno, CA 93726 (209) 224-3447 Fax: (209) 224-3449

California Kiwifruit Commission 1540 River Park Drive, Suite 110 Sacramento, CA 95815 (916) 929-5314 (800) 448-5494 Fax: (916) 929-3740

California Olive Industry 1903 N. Fine Street, Suite 102 Fresno, CA 93727 (209) 456-9096 Fax: (209) 456-9099 California Strawberry Commission P.O. Box 269 Watsonville, CA 95077-0269 (408) 724-1301 (800) 899-1301 Fax: (408) 724-5973

California Table Grape Commission 2975 N. Maroa P.O. Box 5498 Fresno, CA 93755 (209) 224-4997 Fax: (209) 224-4756

California Tree Fruit Agreement P.O. Box 968 Reedley, CA 93654-0968 (209) 638-8260 (800) 636-8260 Fax: (209) 638-8842

Canned Fruit Promotion Service, Inc. P.O. Box 7111
San Francisco, CA 94120
(415) 495-7714
Fax: (415) 541-0107

Cherry Marketing Institute 2220 University Park Drive, Suite 200 Okemos, MI 48864 (517) 347-0010 Fax: (517) 347-0605

The Cranberry Institute P.O. Box 535 E. Wareham, MA 02538 (508) 295-4132 Florida Department of Citrus 1115 East Memorial Boulevard P.O. Box 148 Lakeland, FL 33802 (941) 499-2500 Fax: (941) 499-2374

International Apple Institute P.O. Box 1137 McLean, VA 22101-1137 (703) 442-8850 Fax: (703) 790-0845

International Banana Association 1929 39th Street, NW Washington, DC 20007 (202) 223-1183 Fax: (202) 223-1194

Michigan Apple Committee 13105 Schavey Road, Suite 5 De Witt, MI 48820 (517) 669-8353 (800) 456-2753 Fax: (517) 669-9506

Michigan Blueberry Growers Association P.O. Box B Grand Junction, MI 49056 (616) 434-6791 (800) 367-7292 Fax: (616) 434-6997

National Cherry Growers and Industry Foundation (Canned) 1005 Tieton Drive Yakima, WA 98902 (509) 453-4837 Fax: (509) 453-4880 New York Cherry Association, Inc. 7645 Main Street P.O. Box 350 Fishers, NY 14453 (716) 924-2171

North American Blueberry Council P.O. Box 1036 Folsom, CA 95763 (916) 985-6644 Fax: (916) 985-0666

Oregon Washington California Pear Bureau 813 S.W. Alder Suite 601 Portland, OR 97205 (503) 223-8139 Fax: (503) 294-1428

Produce Marketing Association, Inc. 1500 Casho Mill Road Newark, DE 19714-6036 (302) 738-7100 Fax: (302) 731-2409

United Fresh Fruit and Vegetable Association 727 N. Washington Street Alexandria, VA 22314 (703) 836-3410 Education Fax: (703) 836-2049 Marketing, Communication Fax: (703) 836-7745

Washington Apple Commission P.O. Box 18 Wenatchee, WA 98807 (509) 663-9600 Fax: (509) 662-5824 Western New York Apple Growers Association 7645 Main Street P.O. Box 350 Fishers, NY 14453-0350 (716) 924-2171 Fax: (716) 924-1629

#### **Meat and Poultry**

American Sheep Industry Association 6911 S. Yosemite Street Englewood, CO 80112-1414 (303) 771-3500 Fax: (303) 771-8200

American Meat Institute P.O. Box 3556 Washington, DC 20007 (703) 841-2400 Fax: (703) 527-0938

National Live Stock and Meat Board 444 N. Michigan Avenue Chicago, IL 60611 (312) 467-5520 (800) 368-3138 Fax: (312) 467-1672

Fax: (312) 467-1672 Fax: (800) 368-3136

National Pork Producers Council P.O. Box 10383 Des Moines, IA 50306 (515) 223-2600 Fax: (515) 223-2646

National Turkey Federation 11319 Sunset Hills Road Reston, VA 22090 (703) 435-7206

#### Other Food Related Organizations

The Association for Dressings and Sauces 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

Calorie Control Council 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

Food Marketing Institute 800 Connecticut Avenue, NW, Suite 400 Washington, DC 20006 (202) 452-8444 (202) 429-8236 Fax: (202)429-4519

The Glutamate Association 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

Infant Formula Council 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

International Food Additives Council 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

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International Food Information Council 1100 Connecticut Avenue, NW, Suite 430 Washington, DC 20036 (202) 296-6540 Fax: (202) 296-6547

Olive Oil Hotline Foodcom, Inc. 708 Third Avenue New York, NY 10017 (212) 297-0136 (800) 232-OLIVE OIL Fax: (212) 297-0139

Popcorn Institute 401 N. Michigan Avenue Chicago, IL 60611-4267 (312) 644-6610 Fax: (312) 245-1083

The Sugar Association, Inc. 1101 15th Street, NW, Suite 600 Washington, DC 20005 (202) 785-1122 Fax: (202) 785-5019

The Vinegar Institute 5775 Peachtree-Dunwoody Road Suite 500-G Atlanta, GA 30342 (404) 252-3663 Fax: (404) 252-0774

#### Pasta, Potatoes, and Grains

Idaho Potato Commission P.O. Box 1068 Boise, ID 83701 (208) 334-2350 (800) 824-4605 Fax: (208) 334-2274 National Pasta Association 2101 Wilson Blvd., Suite 920 Arlington, VA 22201 (703) 841-0818 Fax: (703) 528-6507

Potato Board 7555 East Hampden Room 412 Denver, CO 80231 (303) 369-7783

USA Rice Council P.O. Box 740121 Houston, TX 77274 (713) 270-6699 Fax: (713) 270-9021

Washington State Potato Commission 108 Interlake Road Moses Lake, WA 98837 (509) 765-8845 Fax: (509) 765-4853

Wheat Foods Council 5500 South Quebec, Suite 111 Englewood, CO 80111 (303) 694-5828 Fax: (303) 694-5807

#### Vegetables

California Artichoke Advisory Board P.O. Box 747 Castorville, CA 95012 (408) 633-4411 (800) 827-2783 Fax: (408) 633-0215

California Tomato Board 2017 N. Gateway Blvd., Suite 102 Fresno, CA 93727 (209) 251-0628 Fax: (209) 251-0705 The Frozen Vegetable Council 1838 El Camino Real Suite 202 Burlingane, CA 94010 (415) 697-6835 Fax: (415) 697-6646

Mushroom Council 2200 B. Douglas Blvd. Suite 220 Roseville, CA 95661 (916) 781-7585 Produce Marketing Association 1500 Casho Mill Road Newark, DE 19714-6036 (302) 738-7100 Fax: (302) 731-2409

Wisconsin-Minnesota Canned Vegetable Council 222 N. Midvale Blvd., Suite 29 Box 5258 Madison, WI 53705 (608) 231-2250 Fax: (608) 231-6952

#### Section III. Food Companies

American Home Food Products Nutrition and Education Services Dept. 685 Third Avenue New York, NY 10017 (800) 544-5680

American Home Food Products, Inc. 5 Jiralda Farms Madison, NJ 07940-0873 (800) 544-5680 (9AM-5PM CST) Fax: (201) 660-6916

Arm and Hammer 469 N. Harrison Street Princeton, NJ 08543 (800) 524-1328 (9AM-4PM EST) Fax: (215) 641-5780

Best Foods A Division of CPC International Inc. P.O. Box 8000 International Plaza Englewood Cliffs, NJ 07632 (201) 894-2307

Cadbury Beverages Consumer Affairs Office 6 Highridge Park P.O. Box 3800 Stamford, CT 06913-1051 (800) 426-4891 (9AM-4PM EST) Fax: (203) 968-5757

Campbell Soup Company Corporate Communications Center Campbell Place Camden, NJ 08103-1701 (609) 342-4800 (800) 257-8443 (9AM-4PM CST) Fax: (609) 342-6449 ConAgra Frozen Foods Consumer Service Department 6 Con Agra Drive P.O. Box 3768 Omaha, NE 68103-0768 (800) 722-1344 (10AM-7PM CST)

Dannon Company 120 White Plains Road Terrytown, NY 10591 (914) 366-9700 (800) 321-2174 Fax: (914) 366-2805

Del Monte Consumer Affairs Department P.O. Box 193575 San Francisco, CA 94119-3575 (800) 543-3090 (8AM-5PM PST) Fax: (415) 247-3080

Dole Consumer Center 5795 Lindero Canyon Road West Lake, CA 91362 (800) 232-8888 (8AM-5PM PST) Fax: (818) 874-4997

Empire Kosher Poultry Customer Relations P.O. Box 165 Mifflintown, PA 17059 (800) 367-4734 (8AM-3PM M-TH, 8AM-3PM FRI EST) Fax: (717) 436-9269

Fleishman P.O. Box 1911 East Hanover, NJ 07936 (800) 622-4726 Fax: (201) 503-2202 Gerber Products
445 State Street
Fremont, MI 49413
(800) 443-7237 (24 hours/day)
Fax: (616) 928-2723

Giant Food, Inc. Consumer Affairs Department P.O. Box 1804 Washington, DC 20013 (301) 341-4322 Fax: (301) 618-4967

H. J. Heinz 1 Riverfront Place Newport, KY 41071 (800) 252-7022 (9AM-5PM EST) (800) USA-Baby Fax: (606) 655-5730

Hershey Foods Corporation Consumer Relations Department P.O. Box 815 100 Crystal A Drive Hershey, PA 17033-0815 (800) 468-1714 (9AM-4PM EST)

Hormel Foods Corporation Consumer Affairs P.O. Box 800 Austin, MN 55912 (800) 523-4635 (8AM-4PM CST)

Hunt-Wesson Foods 1645 West Valencia Drive Fullerton, CA 92633 (714) 680-1000 Fax: (714) 449-5100 Kellogg Company (S) Consumer Affairs Department P.O. Box 3599 Battle Creek, MI 49016-3599 (800) 962-1413

Kraft General Foods 250 North Street White Plains, NY 10625 (800) 431-1003 (800) 323-0768

Kretschmer Wheat Germ Sampling Co. c/o McDowell & Piasecki Food Communications, Inc. 20 N. Wacker Drive, Suite 1740 Chicago, IL 60606-0944 (312) 201-9101 Fax: (312) 201-9161

Land O'Lakes Consumer Affairs Department P.O. Box 116 Minneapolis, MN 55440-9904 (800) 328-4155 (9AM-4PM CST) Fax: (612) 481-2959

McDonald's Customer Relations McDonald's Corporation McDonald's Plaza Oak Brook, IL 60521 (708) 575-6198

McDonald's Education Resource Center P.O. Box 8002 St. Charles, IL 60174-8002 (800) 627-7646 Fax: (708) 584-0672

Nabisco Brands, Inc. P.O. Box 1911 East Hanover, NJ 07936 (800) 622-4726 (9AM-7:30PM EST) Nestle Food Company Nestle Consumer Affairs 800 N. Brand Boulevard Glendale, CA 91203 (800) 637-8537 (8AM-4PM PST) Fax: (818) 549-6330

The NutraSweet Company Consumer Affairs Box 830 Deerfield, IL 60015 (800) 321-7254 (9AM-3PM CST) Fax: (708) 405-7790

Ocean Spray Cranberries, Inc. One Ocean Spray Drive Lakeville-Middleboro, MA 02349 (508) 946-1000 (800) 662-3263 Fax: (508) 946-7004

Oscar Mayer Foods Corporation P.O. Box 7188 Madison, WI 53707 (608) 241-3311 Fax: (608) 242-6108

Perdue Farms Inc. P.O. Box 1537-NI Salisbury, MD 21802 (800) 442-2034 Fax: (410) 543-3884

Perrier Group of America Consumer Affairs 601 East Potail Grande Drive Monterey Park, CA 91754 (800) 937-2002 (9AM-8PM PST) Fax: (213) 888-8228 The Pillsbury Company Consumer Relations Pillsbury Center 200 South 6th Street Minneapolis, MN 55402 (800) 767-4466 (8AM-6PM CST) Fax: (612) 330-4875

Proctor and Gamble P.O. Box 599 Cincinnati, OH 45201 (513) 983-1100 (800) 543-7276 (8:30AM-8:30PM EST)

Quaker Oats Company P.O. Box 049003 Chicago, IL 60604-9003 (800) 234-6281

Sunkist Growers, Inc. Consumer Information P.O. Box 7888 Van Nuys, CA 91409-7888 (818) 986-4800 (800) CITRUS-5 (800) 248-7875 (M-F 8:30-5 PST)

Sweet'n Low-Butter Buds Hotline P.O. Box 140 Great Neck, NY 11021 (800) 231-1123 (9AM-5PM EST) in New York: (800) 336-0363 Fax: (516) 829-3259

Sweet One Hotline Stadt Corporation P.O. Box 2160, Suite 1 Great Neck, NY 11022 (800) 544-8610 (9AM-5PM EST) Fax: (516) 829-3259 Tyson Foods, Inc. P.O. Box 2020 Springdale, AR 72765-2020 (800) 233-6332 (8AM-5PM CST)

Fax: (501) 290-7930

Van Den Bergh Foods (Ragu) Consumer Information Center 75 Merritt Boulevard Trumbull, CT 06611 (800) 328-7248 (8:30AM-8:30PM EST) Wendy's International, Inc. P.O. Box 256 Dublin, OH 43017 Fax: (614) 764-6894 (614) 764-6800







